



## ABOUT RIC

Rapid Intuitive Conditioning is a highly flexible and targeted approach towards coaching individuals with anxiety disorders. RIC emphasizes a deeper understanding of an individual's anxiety challenges and targets the root cause through a focus on past emotional traumas, lack of skills and proper mindset, and future vision. RIC emphasizes Dennis Simsek's beliefs that each anxiety 'problem' is unique and demands a personalized roadmap towards positive change. This positive change demands a deep focus on the cognitive, emotional, physiological, and or energetic components of a human being.

RIC is highly focused on rapport building with the anxiety sufferer and the consistent implementation of powerful tools and techniques to help systematically challenge the sufferer towards a shift in anxious perceptions. RIC also has support from the world's most successful and proven teaching methods, such as CBT (Cognitive Behavioural Therapy) and NLP (Neuro-Linguistic Programming).

### THE 4 MAIN SECTIONS IN THE RAPID INTUITIVE CONDITIONING CERTIFICATION COURSE ARE:

- ✓ Client/coach relationship building and understanding
- ✓ Positive change and character development
- ✓ Mind, body, and spirit connection
- ✓ Powerful and practical tools and techniques for coaching sessions

RIC targets harmony between the conscious more intellectual mind, and the subconscious more emotional mind. We show the individual they have more options in the ways of thinking than they thought and put power back into the conscious more rational mind to see through their current anxious conditioning.



“Our actions and behaviours are a manifestation of what's happening energetically and within the mind.”

*-Dennis Simsek*

RIC life coaching recognizes that a person's character/identity is built around what they do most often, and what is of highest importance to them. Through the understanding of how character is built, we can understand this anxiety struggle the person is going through isn't cemented for life, but rather a lack of the proper clarity/understanding and tools to re-condition in a new character and identity.

Upon completion of the course, a final written test is given via email, which demands an 80% success rate. Upon successful completion of the final test, a 20-minute one-on-one Skype meeting will be arranged between you and Dennis (The Anxiety Guy) where you will present as the coach, and Dennis the anxiety sufferer. Upon successful completion of the 20-minute session, a certification diploma will be sent to your home address that successfully identifies you as a Rapid Intuitive Conditioning Life Coach which is the stepping stone towards helping others in your circle of friends and family and beginning your own online coaching business.

**GET STARTED  
TODAY!**

